



## CROSS COUNTRY 2007

12440 Campo Rd Spring Valley, CA 91978 • (619) 660-7100 FAX (619) 660-7198

<b>DATE</b>	<b>DAY</b>	<b>TIME</b>	<b>MEET /EVENT</b>	<b>SITE</b>
August 9-11	Thurs-Sat	2:00 pm	Mountain Running Camp	Heise Park, Julian
August 9	Thurs	9-11 am	Turn in Clearance Packet	SCHS Finance Office
August 13	Monday	7:00 am	Team practice begins	Steele Canyon Track
August 16	Thursday	2:55 pm*	First day of school	Steele Canyon HS
August 25	Saturday	7:30 am	Time Trial / Breakfast	Jamul Elem. School
August 28th	Tuesday	6:00 pm	Mandatory Parent Meeting	ENS C203 classroom
<b>August 31</b>	<b>Friday</b>	<b>3:00 pm</b>	<b>Wolf Pack Invitational</b>	<b>West Hills HS</b>
<b>September 7</b>	<b>Friday</b>	<b>3:00 pm</b>	<b>Mustang Invitational</b>	<b>Rohr Park, Bonita</b>
<b>September 15</b>	<b>Saturday</b>	<b>TBA</b>	<b>Mt. Carmel Invitational</b>	<b>Morley Field</b>
<b>September 21</b>	<b>Friday</b>	<b>3:00 pm</b>	<b>South Bay Invitational</b>	<b>Rohr Park, Bonita</b>
September 26	Wednesday	3:30 pm	Valhalla	Valhalla HS
<b>Sept 28-30</b>	<b>Fri-Sun</b>	<b>TBA</b>	<b>Stanford Invitational</b>	<b>Stanford University</b>
October 5	Friday	3:30 pm	Helix	Steele Canyon HS
October 12	Friday	3:30 pm	Granite Hills	Lindo Lakes Park
<b>October 20</b>	<b>Saturday</b>	<b>7:30 am</b>	<b>Mt. SAC Invitational</b>	<b>Mt. SAC, Walnut</b>
October 26	Friday	3:30 pm	Monte Vista	Steele Canyon HS
November 2	Friday	3:30 pm	Mt. Miguel	Steele Canyon HS
<b>November 10</b>	<b>Saturday</b>	<b>8:30 am</b>	<b>Grossmont League Finals</b>	<b>Steele Canyon HS</b>
<b>November 17</b>	<b>Saturday</b>	<b>TBA</b>	<b>CIF Finals</b>	<b>Morley Field</b>
<b>November 24</b>	<b>Saturday</b>	<b>TBA</b>	<b>State Championships</b>	<b>Woodward Park, Fresno</b>

ALL MEETS AND TIMES SUBJECT TO CHANGE

Beginning August 16, practice is scheduled every day Monday thru Friday at the track from 2:55 - 5:30pm

**BOYS COACH:** Gary Stathas 660-3603  
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**GIRLS COACH:** Pat Connolly 660-3605  
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**PRINCIPAL:** Craig Rocha

**VICE PRINCIPAL:** Al Love      Jeff Kemper  
Jeff Kover      Eileen Poole